



Aontas Teilgin agus Amais Na hÉireann
Pitch and Putt Union of Ireland

IRISH SPORT HQ • NATIONAL SPORTS CAMPUS • ABBOTSTOWN • DUBLIN 15
Telephone: 01 - 6251110 • web: www.ppui.ie • e-mail: office@ppui.ie

COACH EDUCATION COURSE OUTLINE – LEVEL 1

Aim

To provide coaches with the ability to introduce 8-12 year old children to the basic skills of Pitch and Putt and to develop those skills. While the course is primarily aimed at providing the skills to coach entry level children, coaches will also be fully equipped to coach persons of all ages and abilities, including adults.

Entry Requirements

All participants must be at least 18 years of age and be a current registered member of the Pitch and Putt Union of Ireland. It is advisable that participants be of a reasonable playing standard, i.e., comfortable at correctly demonstrating all shots - pitching, chipping, putting and bunker shots.

Equipment Requirements

Please bring along whatever you would normally use when playing Pitch and Putt, i.e, clubs, wet gear, balls, tees, etc.

Cost

The cost of the course is €50 per person. A light lunch will be provided for all participants on both days.

Duration

15 hours (practical and theoretical - indoor and outdoor) spread over 2 days.

Methodology

Practical coaching by participants will be encouraged (i.e. devising, introducing, demonstrating, explaining and attending activities). Skill development, promotion of the game, fun and enjoyment will be emphasised. Discussion, tasks and activity workshops will be utilised to promote the relevance of the content for each coach.

Completion Requirements

All coaches must attend the two days of the course. There will be various tasks over the two days that must be fulfilled including a coaching evaluation on Day 2 where the coaches must plan and deliver a brief coaching session. There will be brief take home tasks after each day which must be completed.

Additional Requirements

Coaches will not be certified until they have completed the Irish Sports Council Course: Code of Ethics and Good Practice for Children's Sport. This three hour course is run frequently by Local

Sports Partnerships across the country and is essential for anyone dealing with young children in sport. Assistance and Guidance will be provided to coaches in order to set up course dates.

Coaches must also complete a Garda Vetting form for coaching Pitch and Putt and achieve satisfactory clearance in order to gain certification.

Certification

Participants who attend the course and fulfil all requirements will be awarded the PPUI/Coaching Ireland Level One Coaching Certificate.

All certificate holders will be entered in both the PPUI and Coaching Ireland coach registers. In addition all coaches will receive some PPUI Level 1 Coach clothing for their coaching sessions.

PPUI Level 1 Coach Education Course Timetable (Approximate)

DAY ONE	<i>Time</i>	<i>Module</i>
	09.30	Introduction
	09.35	Role of the Coach, Learning Process and Coaching Children
	10.30	Demonstration & Putting
	11.30	Organisation & Chipping
	12.30	Participation and Long Term Player Development
	13.15	LUNCH
	14.00	Mental Fitness 1 - Imagery and Goal Setting
	14.45	Observation, Analysis and Feedback– Pitching
	15.45	Planning and Keeping Records
16.30	Review Day 1 – Preparation for Day 2	

DAY TWO	<i>Time</i>	<i>Module</i>
	09.30	Mental Fitness 2 – Concentration and Self Talk
	10.15	Nutrition, Hydration and Health
	11.00	Bunker Shots
	12.00	Review Session Plan
	12.45	LUNCH
	13.30	Practice, Rules and Preparation for Competition
	14.15	Dealing with Issues & Adult Learning
	15.00	Putting a Session Plan into Practice – Coach Evaluation
	16.30	Coaching Review, Course Evaluation and Tasks